

2023-2024



FRIDAY

6:00 PM Dinner

7:45 PM Opening – Main Conference Room (MCR) 8:30 PM Evening Prayer – Chapel – 2nd Floor (Chapel)

9:15 PM Refreshments – Dining Room (DR)

SATURDAY

7:30 AM Rise

8:00 AM Morning Prayer (Chapel)

8:30 AM Breakfast (DR)

9:30 AM Conference (MCR)

10:30 AM Small Group Discussions (TBA)

11:15 AM Reconciliation (Chapel)

12:30 PM Lunch (DR)

1:30 PM Reflection Time – Options: Centering Prayer,

Lectio Divina, Adoration/Rosary

2:45 PM Workshop Introductions (MCR)

4:15 PM Promoter Meeting (Monastery Lounge)

5:00 PM Mass (Chapel) 6:00 PM Dinner (DR)

7:15 PM Conference (MCR)

8:30 PM Evening Prayer (Chapel)

9:30 PM Movie (1hr) Optional (MCR)

SUNDAY

7:30 AM Rise

8:00 AM Morning Prayer (Chapel)

8:30 AM Breakfast (DR)
9:30 AM Conference (MCR)

10:00 AM Wrap up

10:45 AM Closing Mass (Chapel)

Noon Brunch (DR)



Helpful Information:

- Your families are welcome to attend the closing Mass on Sunday at 10:45 AM, followed by Brunch in the Dining Room.
- Credit card payment for the retreat offering is to be made in the Retreat Office
- Spiritual Direction: see a retreat team member on Friday evening
- Conference with a retreat team member: sign-up on doors
- Special counselors may be available during the weekend. Please ask a team member
- Massage Therapy may be available during your retreat. Listen for announcements at the opening session

Housekeeping Items of importance:

- PLEASE use lids for drinks
- Doors are locked at 11:00 PM
- Adjust the heat in Retreat and Monastery Buildings with the device on the radiator in your room
- Emergency phones are located in each hallway with numbers to contact staff members

Before you leave on Sunday:

- Please refer to the sign in your room for laundry instructions
- Please turn off the heat in your room before leaving
- As you leave on Sunday, please return name badges and lanyards to the basket near the lobby exit and mark any changes on the badge
- Please take packets of Mass Cards home so that you may have a supply to use as needed

God Bless You and Your Families!

